



# CO-CURRICULAR PROGRAMME

## AUTUMN TERM 2025



### LUNCHTIME ACTIVITIES (12.40pm - 1.40pm)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Years Chapel Choir (Music) 🎵 🎵 Y7 Young Voices (Music) 🎵 🎵 KS3 Mindfulness Art (Art 1) 🎨 All Years Psychology Mind Detectives (Psychology) 🧠 All Years Study Support (Cottage) 🏠 All Years Happy Helpers (Room 10) 🧑🏫 🧑🏫 All Years Chess Club (Library) 🎲 All Years Gardening Club (Polytunnel) 🌱 🌱 🌱 Year 11 Gym (Pavilion) 🏋️  <i>Break time</i> <i>All Years Conlang Club (Library) 🗣️</i>	College Production rehearsal (Theatre) 🎭 Y12 Young Enterprise (Room 15) 🏢 GCE History Support (Room 9) 📖 GCSE Biology Support (Biology) 🧬 All Years Maths Grade Up (Room 8) 📐 GCSE Physics Support (Physics) 🧪 GCSE Computer Science 🖥️ Programming Support (ICT 1) KS3 Science Club (Chemistry) 🧪 All Years Dance Club (Drama Studio) 🎭 All Years Diversity Club (Room 6) 🌈 All Years Quiz/Games (Library) 📖 All Years Study Support (Cottage) 🏠 All Years Spanish Chat (Room 14) 🗣️ All Years Gardening Club (Polytunnel) 🌱 🌱 🌱	College Production rehearsal (Theatre) 🎭 Jazz Band (Music) 🎵 🎵 GCSE Business Support (Room 15) 📖 GCE Physics Support (Chem) 🧪 GCE/GCSE Drama Support (Studio) 🎭 GCSE Physics Support (Physics) 🧪 GCSE Geography Support (Room 15) 🌍 Y8-Y13 Young Engineers (DT Workshop) 🛠️ 🌱 All Years History Club (H2) 📖 All Years Philosophy and Ethics Club (Room 4) 🧠 All Years Study Support (Cottage) 🏠 All Years Books and Biscuits (Library) 📖 All Years Gardening Club (Polytunnel) 🌱 🌱 🌱 Year 11 Gym (Pavilion) 🏋️	All Years Chapel Choir (Music) 🎵 🎵 GCSE Art Support (Art 3) 🎨 GCSE Business Support (Room 15) 📖 GCSE Chemistry Support (Chemistry) 🧪 GCSE French Support (Room 10) 🗣️ GCSE PE Support (Pavilion) 🏋️ All Years Geography Club (Room 9) 🌍 All Years Public Speaking (Room 1) 🗣️ All Years Film and Media Club (Room 4) 🎬 All Years Gardening Club (Polytunnel) 🌱 🌱 🌱 Year 11 Gym (Pavilion) 🏋️	College Production rehearsal (Theatre) 🎭 Y7 College Orchestra (Music) 🎵 🎵 'Quod Aliquis' (Music) 🎵 🎵 GCE Chemistry Support (General Science) 🧪 Y13 Psychology Support (Psychology) 🧠 GCSE History Support (H2) 📖 GCSE Physics Support (Physics) 🧪 KS3 Digital Pioneers Club (ICT 1) 🖥️ 🌱 KS3 Crochet Club (Library) 🧶 All Years Warhammer & Lego Clubs (Art 3) 🎨 All Years Gardening Club (Polytunnel) 🌱 🌱 🌱 Year 11 Gym (Pavilion) 🏋️



SELF



SERVICE



SUSTAINABILITY

AFTER-SCHOOL ACTIVITIES (4.00pm – 5.00pm)				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>College Production rehearsal (Theatre) 🎭</p> <p>GCSE Computer Science Theory Support (ICT1) 🎮</p> <p>Y10 GCSE Chemistry Support (Chemistry) 🧪</p> <p>Years 7-11 Football (All-Weather Pitch) ⚽</p> <p>Years 9-11 Netball (Sports Hall) 🏐</p> <p>Year 11-13 Gym (Pavilion) 🏋️</p>	<p>All Years Music Theory Support (Music) 🎵</p> <p>Years 7-9 Girls Football (All-Weather Pitch) ⚽</p> <p>Years 7-9 Gymnastics (£) (Sports Hall) 🤸</p> <p>Sixth Form Gym (Pavilion) 🏋️</p>	<p>Years 7-11 Hockey (All-Weather Pitch) 🏑</p> <p>Years 11-13 Gym (Pavilion) 🏋️</p>	<p>College Production rehearsal (Theatre) 🎭</p> <p>GCSE Biology (Combined Science) Support (Biology) 🧬</p> <p>GCSE Chemistry Support (Chemistry) 🧪</p> <p>GCSE Design Technology Support (DT Workshop) 🛠️</p> <p>Years 7-9 Basketball (£) (Sports Hall) 🏀</p> <p>Years 7-8 Netball (Tennis Courts) 🏐</p> <p>Years 11-13 Gym (Pavilion) 🏋️</p>	<p>GCSE/GCE Music Support (Music) 🎵</p> <p>All Years Psychology Mind Detectives (Room 4) 🕵️</p>



## DUKE OF EDINBURGH'S AWARD

The College provides students with the opportunity to complete Bronze (Y9), Silver (Y10) and Gold (L6/U6) Awards, meeting the requirements of the Service/Volunteering, Skills, Physical Recreation and Expedition sections for each Award. Expeditions take place for each Award at various points throughout the College year. Staff monitor students progress through each Award, with meetings or training sessions, both at lunchtime and after-school.

## EDUCATIONAL VISITS

Students learn more effectively and develop a wider range of skills and deeper knowledge when they have the opportunity to do so beyond the classroom. The Educational Visits provision is broad, diverse and well planned throughout each school year for every student. These opportunities include frequent theatre visits and field expeditions, both regional and overseas, for history and geography, sports tours and foreign expeditions. Adventurous and team building opportunities also provide fantastic opportunities for young people at all stages of their education; seeing and experiencing their learning in action is undoubtedly a major benefit for all students.

## MUSIC AND DRAMA

Peripatetic Music and Speech & Drama lessons are available at the College and take place during the school day with instrument or Speech & Drama specialists. Music students are prepared for exams in a range of music boards, while Speech & Drama students have the option of solo, duo or group lessons following the New Era specification, as well as ESB lessons. All lessons provide opportunities for students to develop a range of skills including self-confidence, memory and concentration.

## STUDENT AGENCIES

As an educational and learning community, where individuals' initiatives, efforts, and contributions are welcomed, valued, and nurtured, the College proactively supports a variety of focused and purposeful committees, teams, and working groups, all of whom aim to maximise collective efficacy in the delivery and development of the College's stated mission and aims. Within the College, students from Years 7 to 13 are appointed each year, as a result of application and selection by staff and student peers, to lead a number of agencies (working groups), in line with the College's foundation values of 'Courage & Compassion' and our 3 pillars of 'Self, Service, Sustainability'. These agencies aim to drive forward a variety of development areas, currently including Sustainability, Wellbeing, Academic, House leadership, Student survey, Food and Polytunnel working groups. Meetings are arranged on an ad hoc basis, dependant upon students' availability, and advertised internally.

## SPORTS FIXTURES

At Abbey Gate College we aim to combine outstanding facilities and excellent coaching to ensure first-class provision of sporting opportunities for all our students. A wide range of fixtures take place after-school and at weekends in all sports and at all levels, and individual students compete at local, national and international levels.

