



Lunch

Week Three September to December

Monday

Pork & Leek Sausages
Vegetarian Sausage

Savoy Cabbage & Carrots
Homemade Yorkshire Pudding
Onion Gravy
Mashed Potato

Pickled Watermelon, Smashed
Cucumber, Mint & Feta Salad
Crunchy Cabbage, Carrot,
Pepper, Onion, Coriander,
Chill & Lime Peruvian Slaw

Marshmallow Krispie Cake
Fresh Fruit , Yoghurt & Jelly Pots

Tuesday

Paprika Chicken thigh
Valencian Vegetable Paella

Sweet Potato Bravas with Sticky
Tomato Sauce
Green Beans
Peas

Quinoa Supercauli Salad with
Coriander Dressing
Giant Couscous with Lemon
& Herbs
Sweetcorn & Red Kidney Bean

Choc Chip Cookies
Fresh Fruit , Yoghurts & Jelly Pots

Wednesday

Roast Pork
Vegetarian Moussaka

Roasted Potatoes
Broccoli
Roasted Carrots

Black Bean Quinoa & Lime Salad
Roast Sweet Potato & Kale Salad
with Vegan Dressing
Lentil, Beetroot & Orange

Chocolate Mousse Pot
Fresh Fruit , Yoghurt & Jelly pots

Thursday

Beef & Lentil Bolognese
vegetable Bolognese

Green Beans with Herb Oil
Pesto Roasted Carrots
Gluten Free Spaghetti

Aubergine & Lentil Salad
Mediterranean Potato Salad
Popped Blackbean with Raw
Roots Chipotle & Avocado Salad

Pineapple Upside Down Cake
Fresh Fruit , Yoghurts & Jelly Pots

Friday

Breaded Fish
Korean Vegetable Tofu Skewers

Chips
Mushy peas
Noodles
Sweetcorn, Peas & Carrots

Curried Chickpea, Roasted
Cauliflower, Baby Spinach &
Coriander Salad Brown Rice,
Avocado & Saffron
Yoghurt & Zero Waste Cauliflower
Tabbouleh

Jam Doughnuts
Fresh Fruit , Yoghurt & Jelly Pots

Soup of the day

Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese or the Chef's Daily
Special.

Pasta Bar

Pasta with Tomato or Cream
Sauce.

Fruit Bar

Selection of Fresh Fruit.



Lunch

Week Two September to December

PROUDLY HOUSHELD BY
 **LODESTONE
HOUSE**

Monday

Katsu Curry
Quorn Katsu Curry

Bombay Potatoes
Curried Cauliflower
Basmati Rice

Beetroot, Spelt, Burnt Onion,
Spinach & Tarragon Dressing
Korean Style Roasted Broccoli,
Mushroom & Lentil with Sesame
& Kimchi
Cauliflower, Potato & Pesto Salad

Homemade Apple Flapjack
Fresh Fruit, Yoghurt & Jelly Pots

Tuesday

Beef & Lentil Lasagne
Lentil & Roast Vegetable Lasagne

Orange & Cumin Roasted Carrots
Roasted Pepper & Courgette
Garlic Bread

Classic Greek Salad
Turkish Chickpea, Aubergine,
Spiced with Cumin, Paprika,
Parsley & Dill
Crushed Pea Mint & Charred
Courgette Salad

Marble Sponge
Fresh Fruit, Yoghurt & Jelly Pots

Wednesday

Turkey Noodle Stir Fry
Vegetable Chow Mein

Kale & Green Beans
Stir Fried Vegetables
Prawn Crackers
Vegetable Egg Fried Rice

Harissa Spiced Squash, Kale,
Green Apple & Red Quinoa
Cannellini Bean, Cherry Tomato &
Rosemary Salad
Coronation Cauliflower Salad

Mixed Fruit Crumble
Fresh Fruit, Yoghurt & Jelly Pots

Thursday

Pepperoni Pizza
Margherita Pizza

Fries
Corn on the Cob

Tomato, Rocket & Italian Cheese
Salad
Italian Pasta Salad
Sweetcorn & Red Kidney Bean
Salad

Lemon Cake
Fresh Fruit, Yoghurt & Jelly Pots

Friday

Chicken Shawarma
Quorn Shawarma

Coconut & Spring Onion Rice
Pickled Carrot & Coriander Salad
Edamame & Minted Chilli Peas
Soy Glazed Carrots

Roasted Pepper & Aubergine
Pasta Salad
Beetroot Fennel & Feta Salad
Mexican Bean, Tomato &
Coriander Salad

Chocolate Brownie
Fresh Fruit, Yoghurt & Jelly Pots

Soup of the day

Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese or the Chef's Daily
Special.

Pasta Bar

Pasta with Tomato or Cream
Sauce.

Fruit Bar

Selection of Fresh Fruit.



Lunch

Week One September to December

PROUDLY FOUNDED BY
**LODESTONE
HOUSE**

Monday

Braised Beef Cottage Pie
Lancashire Hot Pot (V)

Carrot, Cabbage & Kale

Wholegrain & White Rice

Roasted New Potatoes with
Garlic & Rosemary

Persian Potato, Crispy Chickpeas
& Grilled Courgettes
English Garden & Giant Pearled
Couscous
Thai Noodle, Sesame Tofu, Crispy
Shallots, Lime & Chilli Dressing

Banana Sponge

Fresh Fruit, Yoghurt & Jelly Pots

Tuesday

Chicken Curry
Chana Masala Potato Curry

Pilau Rice & Peas

Baked Cauliflower

Naan Bread

Handmade Bhaji

Roasted Squash & Chickpea
Green Lentil Lemon Rocket &
Heritage Tomato
Spiced Aubergine, Roasted
Onions, Chilli & Mint

Chocolate Butterscotch Krispie

Fresh Fruit, Yoghurt & Jelly Pots

Wednesday

Roast Gammon & Apple Sauce
Roasted Vegetable Crumble

Steamed Broccoli & Carrots

Roast Potatoes

Stuffing & Gravy

Pasta & Mixed Bean Pesto
Lebanese Fattoush Salad with
Toasted Pitta & Vegetables
Green Lentils Cumin Roasted
Carrot & Broccoli with Mint

Carrot Cake

Fresh Fruit, Yoghurt & Jelly Pots

Thursday

Cajun Beef Taco
Vegetarian Taco

Roasted Pepper & Courgette

Salsa & Guacamole

Mexican Rice

Greek Style White Bean, Cherry
Tomatoes, Pickled Red Onion &
Rocket
Tomato & Pepper with
Pomegranate Balsamic Dressing

Chocolate Brownie

Fresh Fruit, Yoghurt & Jelly Pots

Friday

Beef Burgers
Dirty Veggie Burger

Chips

Mushy Peas

Baked Beans

Crushed Pea Mint, Charred
Courgette & Bulgar Wheat Salad
Burnt Broccoli Caesar Salad
Spelt Grain, Roasted Aubergine
& Caramelised Shallot Salad

Choc Chip Cookies

Fresh Fruit, Yoghurt & Jelly Pots

Soup of the day

Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese or the Chef's Daily
Special.

Pasta Bar

Pasta with Tomato or Cream
Sauce.

Fruit Bar

Selection of Fresh Fruit.